



MARTIN
HIGH SCHOOL

Lionheart Educational Trust

**YOUR WELCOME
BOOKLET**

Name:

From primary to secondary school

Moving to a new school is always going to feel a little bit daunting but exciting at the same time. We are really looking forward to you joining us at Martin High School in a few months and we cannot wait to get to know you and educate you throughout your time with us. This booklet is for you to work through, to feel a little more 'ready' to start with us. At the start of the school year we aim to:

- Introduce your new teachers and support staff.
- Have assemblies with all the new year 7s
- Introduce your pastoral team, your tutor and your tutor group
- Give you a tour of the school
- Show you how the canteen works at break and lunch times.

We hope you are feeling excited about starting at Martin High School - here you will begin a brand new journey where you will continue to build on skills that you have learned at primary school.

WE LOOK FORWARD TO MEETING YOU



Welcome

As the new Associate Principal at Martin High School, it is a real privilege to welcome you as our new Year 7 learners.

At Martin High, we recognise that no two learners are the same, and this is something we celebrate. We are proud to focus on every learner as an individual, helping each learner to discover their strengths and truly shine.

Although I am new to Martin High, I already work for the Lionheart Trust, so I have visited the school many times. I know how fantastic the staff and learners are, how friendly and welcoming the community is, and how much everyone cares about helping learners to succeed. I am confident that your move to secondary school will be smooth, positive and exciting.

There are lots of fun and interesting subjects for you to learn, as well as many clubs, teams and activities for you to get involved in. Our goal is to help you grow, become more independent and build confidence in a safe, happy and friendly environment.

Mike Gamble
Associate Principal

Meet our staff

When you join us, you'll find a dedicated team of staff ready to support you every step of the way. Take a moment to get to know the friendly faces who are here to help you succeed.



Mike Gamble
Associate
Principal



Kevin Seaward
Vice Principal for
Pastoral



Kerry Cowley
Head of Key
Stage 3



Jasmine Lewis
Pastoral
Manager

Our school motto

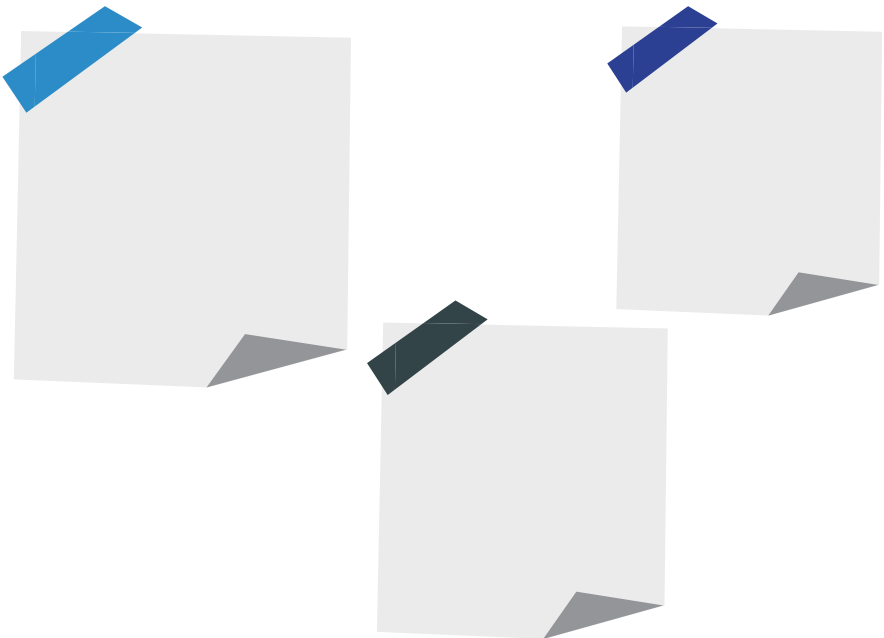
BE KIND. WORK HARD. AIM HIGH!

At Martin High School, we believe in creating a welcoming and supportive environment where everyone feels valued. Our school is a community where we all work together to ensure it's a safe and happy place for learning.

Each of you is unique, and we celebrate that. Our focus is on community, development, and learning, helping you grow into a proud and respectful individual.

We have high expectations because we believe in your potential. Our learners excel academically and grow as individuals, learning to value themselves and their community.

What do you think these values might look like in action?



The 4Rs

At the heart of our educational philosophy are the '4Rs'. These core values shape everything we do and believe in at our school. On this page, you'll find each of the 4Rs explained in detail.

RESILIENCE

Determination • Ability to bounce back • Persistence • Positivity • Effort •

RESOURCEFULNESS

Self-motivated • Proactive • Organised • Curious • Problem-solver

REFLECTIVENESS

Thoughtful • Reasoning • Questioning • Critical • Imaginative

RECIPROCITY

Collaborative • Supportive • Respectful • Communicative • Approachable

Once you've read through the descriptions, can you match the word to its description?

RECIPROCITY

To have the ability to recover quickly when the going gets tough.

REFLECTIVE

Learning to work together and show care and understanding for each other.

RESILIENT

Considering what needs to be done to take the next steps

RESOURCEFUL

Having the confidence to ask for help and to find answers in new ways.

Times of the school day

To help you get ready to start with us, take a look at the timings of the school day.

TIME	ACTIVITY
08:40 - 08:50	Line ups and School start time for learners
08:50 - 09:10	Registration
09:10- 10:00	Period 1
10:00 - 10:50	Period 2
10:50 - 11:05	Break
11:05 - 11:55	Period 3
11:55 - 12:45	Period 4
12:45 - 13:25	Lunch
13:25 - 14:15	Period 5
14:15 - 15:05	Period 6
15:05	Pupils Leave



Food and drink

How will I pay for my food and drink?

We run a cashless system where you can pay with your ID card, which your parent/carer can top up on Beehive.

What are the options for breakfast and break time?

Breakfast is served from 8:00am, offering a variety of options such as toast, flapjacks and fruit.

During break time, learners can purchase sausage rolls, pizza, pain au chocolat, and vegetable samosas.

Can I bring a packed lunch?

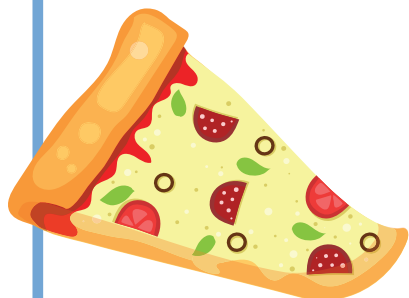
Yes, and there are lots of spaces around the school site where you can eat your lunch and catch up with friends.

What about Dietary Requirements?

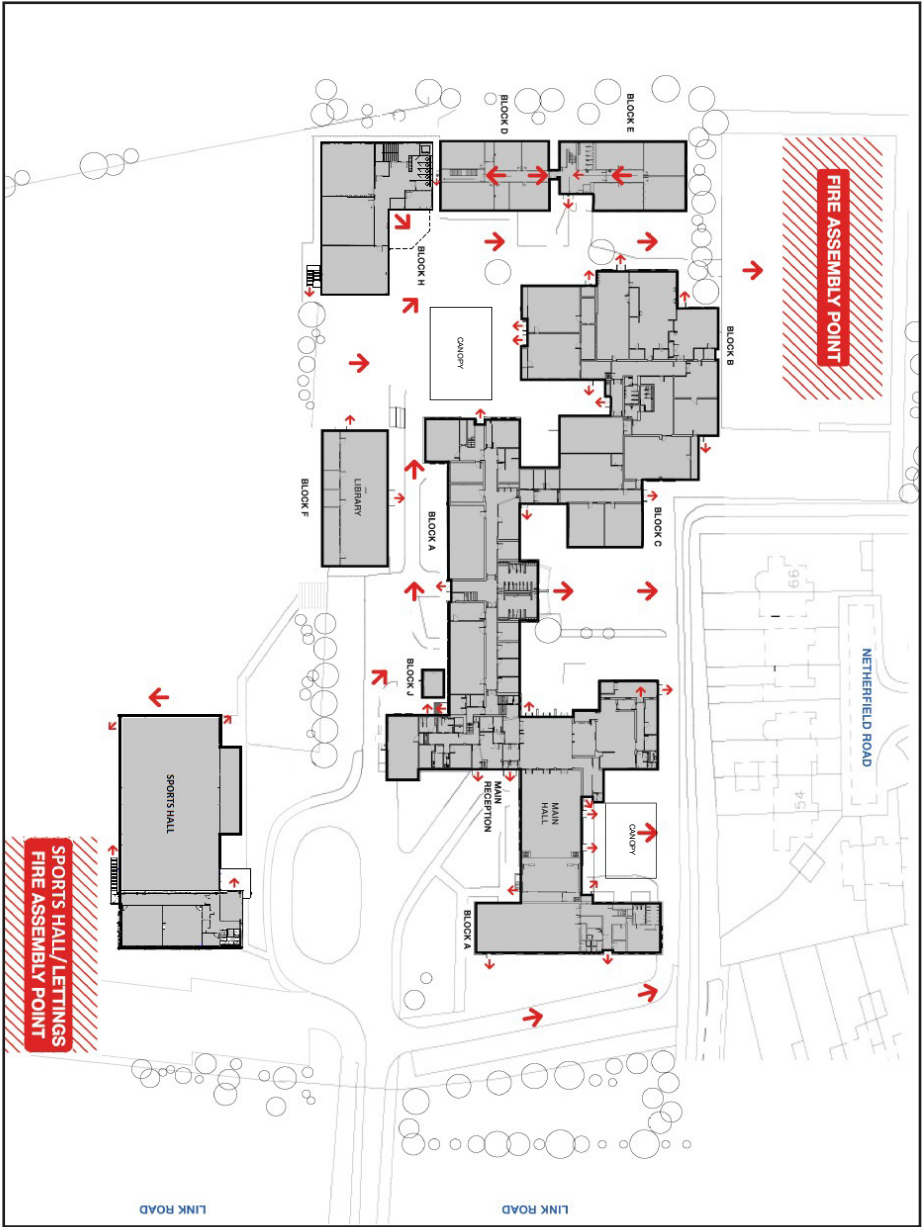
We cater to various dietary needs, including halal, gluten-free, vegan, and dairy-free options.

What's on the menu?

Scan the QR code to have a look at an example menu to see what might be on the menu when you start.



School map



Extra Curricular

We offer a wide range of extra-curricular clubs for learners to get involved with. From musical opportunities like band practice and Martin High School shows, to sports such as football, rugby, and netball, there's something for everyone.

Clubs include Stem, Eco club, food buddies and pokemon.

When you start with us you will be able to see all the afterschool clubs and book your place on them via Beehive.

Scan to discover more clubs on offer, are there any you can't see that you would like?



My school bag

When you start Martin High School one of the main differences is that you will be responsible for all of your equipment and you will take it home each night.

What things do you think you should bring to school each day?



Poetry

At Martin High School we believe in learning poetry by heart. Poetry is wonderful because it broadens our horizons, teaches us about life and can turn words into emotions. And when you learn poetry off by heart it becomes a part of you. Below is a poem about resilience. Resilience is the ability to recover from something difficult and keep going. We would like you to spend some time learning this poem off by heart before you start at Martin High School.

When you join us, we will say it together.

OZYMANDIAS BY PERCY BYSSHE SHELLEY

I met a traveller from an antique land,
Who said—"Two vast and trunkless legs of stone
Stand in the desert. . . . Near them, on the sand,
Half sunk a shattered visage lies, whose frown,
And wrinkled lip, and sneer of cold command,
Tell that its sculptor well those passions read
Which yet survive, stamped on these lifeless things,
The hand that mocked them, and the heart that fed;
And on the pedestal, these words appear:
My name is Ozymandias, King of Kings;
Look on my Works, ye Mighty, and despair!
Nothing beside remains. Round the decay
Of that colossal Wreck, boundless and bare
The lone and level sands stretch far away."

Moving up

Here are a few activities that you can complete to help you get ready to start secondary school.

- Visit the school website and have a browse to find out as much useful information as possible. You can find the website on (www.martinhigh.org.uk)
- Practice packing all the things you will need to take to your new school. Get in the habit of packing the night before.
- Plan the route to your new school and have a few trial runs when it's safe to do so.
- Have a look at the school map and familiarise yourself with the layout ready for your first day
- Get in the habit of going to bed early and getting up early in time to eat breakfast.
- Leave plenty of time to find out about your school uniform and order it. Make yourself aware of school policies on things like jewellery, piercings and mobile phones.
- Take some time to learn the names and faces of important people like the headteacher, your head of year, and your tutor. This way, you'll know exactly who to look for if you need assistance or guidance.

Making new friends

You will meet lots of new people at your new school. It's normal to feel excited, nervous or a mixture of both; here are some ideas that might help:

Get involved

Spend time with others at lunch and break times. Joining a club is a great way to meet new people.

Get to know your friends' friends.

You can meet up in the canteen, on the walk home or you could ask your friend to introduce you to them.

Take the first step

Say 'Hi' or ask how someone's day has been. Giving someone a compliment is a good way to start a conversation.

Be a good supporter

Help people where you can. Just offering a smile or saying 'Hi' could help someone to feel better.

Positive friendships

Real friends encourage you to be the best that you can be. Think about the qualities you would look for in a good friend and what might warn you that a friendship was unhelpful.

Write them in the boxes below.

Positive friendship

Examples:

- Respects my opinions
- Listens to me

Trips

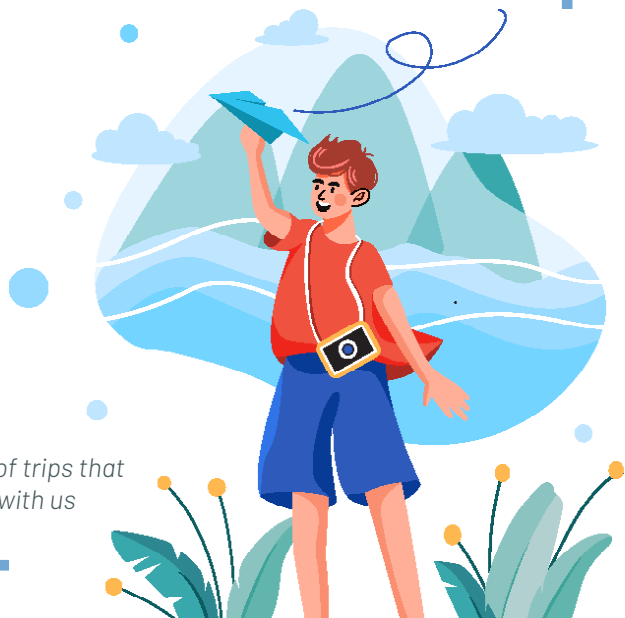
At Martin High we run reward trips each half term, to celebrate with our learners their outstanding achievements, these trips change termly and include pantomime visits, cinema trips, bowling, laser quest and ninja warrior.

We also run a range of educational trips such as trips to London to see a musical or the houses of parliament, trips to local universities, STEM trips and many more.

We also run a range of residential trips during learners 5 year journey at Martin High, these include trips to PGL, Berlin, Iceland and France.

At the end of each academic year we celebrate our educational year through our ECLIPSE festival which we hold on the main field, where all learners are invited to spend the day on a range of fair ground rides, inflatables and experiencing a range of visiting providers such as "small animal holding", "bike ability" and LCFC.

**these are an example of the types of trips that might be available during your time with us*





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