

School week	Week Beginning	Year 7	Year 8	Year 9	Year 10	Year 11
2	31/08/2026	What is Metacognitive Talk?	How You Can Explain Your Learning	How Talking Through Mistakes Helps	Talking to Improve Memory	How Mindset Influences Recall
3	07/09/2026	Establishing and Managing Friendships	Energy Drinks and their Dangers	Healthy and Unhealthy Friendships	Adolescence: Managing Emotions	Writing CVs and Personal Statements
4	14/09/2026	Identifying and Managing Emotions	Risks of Alcohol and Smoking	Drugs, Alcohol and Vapes	Signs of Emotional and Mental Ill-Health	Interview Technique
5	21/09/2026	Independent Travelling Safety	Risks of Vaping	Gang Culture	Promoting Mental and Emotional Wellbeing	Maximising Employability Including Online
6	28/09/2026	Personal Safety and Basic First Aid	Medicinal and Recreational Drugs	Knife Crime	Challenging Stereotypes: Misinformation	Rights and Responsibilities: Part Time
7	05/10/2026	Essential Skills	Work/Life Balance and Equality* (needs written activity / journal opp)	Skills and Qualities	Evaluating Strengths and Weaknesses	Post 16 launch- schools to decide
8	12/10/2026	What is CEIAG?*	Challenging Stereotypes: Pay Gap	How to Demonstrate Strengths*	Opportunities in Learning and Work	Fertility
HT	19/10/2026	Half Term	Half Term	Half Term	Half Term	Half Term
9	26/10/2026	What do we mean by Labour Market Information?	Types of employment	Managing Emotions in the Workplace	Responsibilities in the Workplace	Ready for Parenthood
10	02/11/2026	Identifying future careers aspirations	Goal Setting	P16 Options	Managing Health and Safety	Unplanned pregnancy
11	09/11/2026	Challenging Stereotypes: Careers	Career Aspirations	Navigating your Career	Protecting Your Rights At Work	Forced marriage*
12	16/11/2026	Identity and Rights	Influences on Beliefs and Decisions	Types of Families	Relationship Values and Positive Sexual Health	Menopause (womens health?- PCOS, endre, meno?)
13	23/11/2026	Bullying and Cyberbullying	Gender Identity	Types of Parenting	Online Risks in Relationships	PS16
14	30/11/2026	Challenging Stereotypes: Diversity	Equality Act and Protected Characteristics	Positive Family Relationships	Misconceptions in Relationships	PS16
15	07/12/2026	Global Issues 1	Global Issues 1	Global Issues 1	Global Issues 1	Global Issues 1
16	14/12/2026	Challenging Discrimination	Challenging Discrimination: Disability	Types of Conflict	Consent: Manipulation and Coercion	Gender identity
HT	21/12/2026	Christmas Hols	Christmas Hols	Christmas Hols	Christmas Hols	Christmas Hols
HT	28/12/2026	Christmas Hols	Christmas Hols	Christmas Hols	Christmas Hols	Christmas Hols
17	04/01/2027	Being an Upstander (Response)	Challenging Discrimination: Racism	Conflict Resolution Strategies	Challenging Victim Blaming	Communications in relationships
18	11/01/2027	The Importance of Sleep	Challenging Stereotypes: Mental Health	Links Between Physical and Mental Health	Dangerous behaviours in physical relationships	Handling Unwanted Attention and Challenging Harassment
19	18/01/2027	Having a Healthy Diet	Daily Wellbeing	Work Life Balance	Role Models and Their Influence	Relationships and Abuse
20	25/01/2027	Personal Hygiene	Developing Resilience	Healthy Eating	Misogyny, Toxic Masculinity and Its Impacts	Unhealthy and Exploitative Relationships
21	01/02/2027	FGM	Healthy and Unhealthy Coping Strategies	Influences on Body Image	Media Portrayal of Gang Culture	Forms of Government
22	08/02/2027	Developing Self Worth	Gender vs Sex	Sexual Choices	Impact of Drugs and Alcohol on Others	Improving Your Local Community
HT	15/02/2027	Half Term	Half Term	Half Term	Half Term	Half Term
23	22/02/2027	Types of Positive Relationships	Consent: The Law	Consent: Misconceptions, Capacity and Rights	Inclusion and Belonging within communities	Dealing with Complex Issues Within the Law
24	01/03/2027	Global Issues 2	Global Issues 2	Global Issues 2	Global Issues 2	Global Issues 2
25	08/03/2027	Relationships and Gender	Sexting	STDs and Safer Sex (add in Prep)	Equalities Act and Protected characteristics	Screening and Self Examination
26	15/03/2027	Challenging Stereotypes: Media	Contraception	consequences of unprotected sex-not planned- topic 5	Social media- influence and belief and opinion	Cosmetic and Aesthetic Body Alterations
HT	22/03/2027	Easter Hols	Easter Hols	Easter Hols	Easter Hols	Easter Hols
HT	29/03/2027	Easter Hols	Easter Hols	Easter Hols	Easter Hols	Easter Hols
27	05/04/2027	Consent: Seeking and Communicating	Social Media and Online Grooming	Relationships in the Media	Challenging discrimination	Perseverence and Procrastination
28	12/04/2027	Roles of Citizens, Parliament and Monarchs	The Political System	Sexual Risks of Social Media	Recognising and responding to radicalisation	The Importance of Sleep
29	19/04/2027	British Law	How parliament works	Legal and Illegal Financial Activities	Applying Learning to Life	Exam Stress Management
30	26/04/2027	Community Links	How the justice system works	Risk and Financial Activities	Electoral Systems	Managing Time Effectively- exams start here
31	03/05/2027	Global Issues 3	Global Issues 3	Global Issues 3	Global Issues 3	Global Issues 3
32	10/05/2027	Money Choices: Borrowing, Budgeting, Spending	Human Rights	Crypto Currency	Key elements of the UK constitution	Reviewing Performance
33	17/05/2027	Critical thinking: Social Media	How pay deduction works	Side Husses and their dangers	Budgeting, saving and debt	EXAMS
34	24/05/2027	Critical thinking: Role Models	Budgeting	Living on your own	Gambling and debt	EXAMS
HT	31/05/2027	Half Term	Half Term	Half Term	Half Term	Half Term
35	07/06/2027	People	Weighing up financial offers	Types of Accommodation	Earning your money- net and gross pay	EXAMS
36	14/06/2027	Pets	Saving money for your bills	Bills and Utilities	Tax allowance and universal credit	EXAMS
37	21/06/2027	Life skills	Credit vs Debit	Looking after yourself- getting support	Saving your money	EXAMS
38	28/06/2027		Credit and Credit Scores	Looking after yourself- appointment (Add Gillick)	investing your money	EXAMS
39	05/07/2027			Influences of the Media on you	spending your money	EXAMS