

Lesson	Week Beginning	Year 7	Year 8	Year 9	Year 10	Lesson	Week Beginning	Year 11
1	01 September 2025	What is Metacognitive Talk?	How You Can Explain Your Learning	How Talking Through Mistakes Helps	Talking to Improve Memory	1	01 September 2025	How Mindset Influences Recall
2	08 September 2025	Establishing and Managing Friendships	Energy Drinks and their Dangers	Healthy and Unhealthy Friendships	Adolescence: Managing Emotions	2	08 September 2025	Fertility
3	15 September 2025	Identifying and Managing Emotions	Risks of Alcohol and Smoking	Drugs, Alcohol and Vapes	Signs of Emotional and Mental Ill-Health	3	15 September 2025	Ready for Parenthood
4	22 September 2025	Independent Travelling Safety	Risks of Vaping	Gang Culture	Promoting Mental and Emotional Wellbeing	4	22 September 2025	Unplanned Pregnancy
5	29 September 2025	Personal Safety and Basic First Aid	Medicinal and Recreational Drugs	Knife Crime	Challenging Stereotypes: Misinformation	5	29 September 2025	Forced Marriage
6	06 October 2025	Essential Skills	Work/Life Balance and Equality	Skills and Qualities	Evaluating Strengths and Weaknesses	6	06 October 2025	Menopause
7	13 October 2025	What is CEIAG?	Challenging Stereotypes: Pay Gap	How to Demonstrate Strengths	Oppourtunities in Learning and Work	7	13 October 2025	Using Constructive Feedback
HT	20 October 2025	Half Term				HT	20 October 2025	Half Term
8	27 October 2025	Skills and Qualities	Types of employment	Managing Emotions in the Workplace	Responsibilities in the Workplace	8	27 October 2025	Writing CVs and Personal Statements
9	03 November 2025	Identifying future careers aspirations	Goal Setting	P16 Options	Managing Health and Safety	9	03 November 2025	Interview Technique
10	10 November 2025	Challenging Stereotypes: Careers	Career Aspirations	Navigating your Career	Protecting Your Rights At Work	10	10 November 2025	Maximising Employability Including Online
11	17 November 2025	Introduction to Memory	Revision Techniques	Applying Retrieval in Learning	Diagnosing What To Revise	11	17 November 2025	Rights and Responsibilities: Part Time
12	24 November 2025	Identity and Rights	Influences on Beliefs and Decisions	Types of Families	Relationship Values and Positive Sexual Health	12	24 November 2025	Memory, Timing and Self-Monitoring
13	01 December 2025	Bullying and Cyberbullying	Gender Identity	Types of Parenting	Online Risks in Relationships	13	01 December 2025	Gender Identity and Sexual Orientation
14	08 December 2025	Global Issues 1				14	08 December 2025	Global Issues 1
15	15 December 2025	Challenging Stereotypes: Diversity	Equality Act and Protected Characteristics	Positive Family Relationships	Misconceptions in Relationships	15	15 December 2025	Communication in Relationships
HT	22 December 2025	Half Term				HT	22 December 2025	Half Term
HT	29 December 2025	Half Term				HT	29 December 2025	Half Term
16	05 January 2026	Challenging Discrimination	Challenging Discrimination: Disability	Types of Conflict	Consent: Manipulation and Co-Ercion	16	05 January 2026	Handling Unwanted Attention and Challenging Harassment
17	12 January 2026	Being an Upstander (Response)	Challenging Discrimination: Racism	Conflict Resolution Strategies	Challenging Victim Blaming	17	12 January 2026	Relationships and Abuse
18	19 January 2026	Why Teachers Show You How To Think	Copying vs Understanding	Spotting Strategies in Modelling	Metacognitive Writing Frames	18	19 January 2026	Unhealthy and Exploitative Relationships
19	26 January 2026	The Importance of Sleep	Challenging Stereotypes: Mental Health	Links Between Physical and Mental Health	Role Models and Their Influence	19	26 January 2026	Working Through Answers Aloud
20	02 February 2026	Having a Healthy Diet	Daily Wellbeing	Work Life Balance	Misogyny, Toxic Masculinity and Its Impacts	20	02 February 2026	Forms of Government
21	09 February 2026	Personal Hygiene	Developing Resilience	Healthy Eating	Media Portrayal of Gang Culture	21	09 February 2026	Improving Your Local Community
HT	16 February 2026	Half Term				HT	16 February 2026	Half Term
22	23 February 2026	FGM	Healthy and Unhealthy Coping Strategies	Influences on Body Image	Impact of Drugs and Alcohol on Others	22	23 February 2026	Dealing with Complex Issues Within the Law
23	02 March 2026	Global Issues 2				23	02 March 2026	Global Issues 2
24	09 March 2026	Reciprocal Reading	Paired Comprehension	Critical Reading Habits	Linking Texts Together	24	09 March 2026	Text Decoding
25	16 March 2026	Developing Self Worth	Gender vs Sex	Sexual Choices	Inclusion and Belonging Within Communities	25	16 March 2026	Screening and Self Examination
26	23 March 2026	Types of Positive Relationships	Consent: The Law	Consent: Misconceptions, Capacity and Rights	Equality Act and Protected Characteristics	26	23 March 2026	Consmetic and Aesthetic Body Alterations
HT	30 March 2026	Half Term				HT	30 March 2026	Half Term
HT	06 April 2026	Half Term				HT	06 April 2026	Half Term
27	13 April 2026	Relationships and Gender	Sexting	STDs and Safer Sex	Social Media: Influences on Beliefs and Opinions	27	13 April 2026	Perseverance and Procrastination
28	20 April 2026	Challenging Stereotypes: Media	Contraception	Relationships in the Media	Challenging Discrimination	28	20 April 2026	The Importance of Sleep
29	27 April 2026	Consent: Seeking and Communicating	Social Media and Online Grooming	Sexual Risks of Social Media	Recognising and Responding to Radicalisation	29	27 April 2026	Exam Stress Management
30	04 May 2026	Global Issues 3				30	04 May 2026	Global Issues 3
31	11 May 2026	Self Assessment	Reflecting on Writing	When Learning isn't Working	Applying Learning to Life	31	11 May 2026	Managing Time Effectively
32	18 May 2026	Roles of Citizens, Parliament and Monarchs	The Political System	Legal and Illegal Financial Activities	Electoral Systems	32	18 May 2026	Reviewing Performance
HT	25 May 2026	Half Term				HT	25 May 2026	Half Term
33	01 June 2026	British Law	How Parliament Works	Risk and Financial Activities	Key Elements of the UK Constitution	33	01 June 2026	Exams
34	08 June 2026	Community Links	How The Justice System Works	Cryptocurrency	Budgeting, Saving and Debt	34	08 June 2026	
35	15 June 2026	Money Choices: Borrowing, Budgeting, Spending	Human Rights	Side Hustles and Their Dangers	Gambling and Debt	35	15 June 2026	
36	22 June 2026	What Does A Good Learner Do		Strengths and Weaknesses	Adapting Learning to Different Subjects	36	22 June 2026	
37	29 June 2026	Critical Thinking: Social Media	How Pay Deduction Works	Living On Your Own	Earning Your Money - Gross and Net Pay	37	29 June 2026	
38	06 July 2026	Critical Thinking: Role Models	Credit vs Debit	Types of Accommodation	Saving Your Money	38	06 July 2026	